



Arestin Instructions

Here are some post-op instructions for Arestin treatment:

- Avoid touching: Don't touch the treated areas of your gums for one week after treatment
- Wait to brush: Wait 12 hours after treatment before brushing your teeth
- Avoid flossing: Don't use floss, toothpicks, or other devices to clean between your teeth for 10 days after treatment
- Avoid certain foods: Avoid hard, crunchy, or sticky foods for one week after treatment
- Maintain oral health: Continue brushing regularly and keep up a good oral health routine as your gums heal
- Follow up: Make follow-up appointments with your dental hygienist to maintain healthy gums and teeth